

Probabilità di trovare elicità positiva/negativa in uno stato a chiralità positiva/negativa:

uso degli spinori di Dirac

$$\begin{aligned}
 P_+^{(R)} &= \frac{\left(\frac{E+m+p}{E+m}\right)^2}{\left(\frac{E+m+p}{E+m}\right)^2 + \left(\frac{E+m-p}{E+m}\right)^2} = \frac{(E+m+p)^2}{(E+m+p)^2 + (E+m-p)^2} \\
 &= \frac{\left(1 + \frac{1}{\gamma} + \beta\right)^2}{\left(1 + \frac{1}{\gamma} + \beta\right)^2 + \left(1 + \frac{1}{\gamma} - \beta\right)^2} = \frac{\left(1 + \sqrt{1-\beta^2} + \beta\right)^2}{\left(1 + \sqrt{1-\beta^2} + \beta\right)^2 + \left(1 + \sqrt{1-\beta^2} - \beta\right)^2} \\
 &= \frac{\left(\left(\sqrt{1+\beta}\right)^2 + \sqrt{1-\beta^2}\right)^2}{\left(\left(\sqrt{1+\beta}\right)^2 + \sqrt{1-\beta^2}\right)^2 + \left(\left(\sqrt{1-\beta}\right)^2 + \sqrt{1-\beta^2}\right)^2} \\
 &= \frac{(1+\beta) \left(\left(\sqrt{1+\beta}\right) + \sqrt{1-\beta}\right)^2}{(1+\beta) \left(\left(\sqrt{1+\beta}\right) + \sqrt{1-\beta}\right)^2 + (1-\beta) \left(\left(\sqrt{1-\beta}\right) + \sqrt{1+\beta}\right)^2} = \frac{1+\beta}{2} = P_-^{(L)} \\
 P_+^{(L)} &= P_-^{(R)} = \frac{1-\beta}{2}
 \end{aligned}$$